



Join us in prayer and worship during

The Lenten Season

See the parish bulletins for more information

Ash Wednesday Masses

6:45am Mass @ St. Mel
8:30am Mass @ St. Mark
12:00pm Mass @ St. Mel
7:00pm Mass @ St. Mark

Confession

Saturdays 3:00pm-4:00pm @St. Mel
Saturdays 3:00pm-4:45pm @St. Mark

Wed Feb 28, 5:00pm-8:00pm @All parishes in the Diocese

Stations of the Cross

Fri Feb 16 12:00pm @ St. Mel
Fri Feb 23 6:30pm @ St Mark
Fri Mar 1 12:00pm @ St. Mel
Fri Mar 8 6:30pm @ St. Mark
Fri Mar 15 12:00pm @ St. Mel

Fri Mar 22 7:30pm Living Stations @ St. Mark

Eucharistic Adoration

Fri Mar 1 3:30pm - 7:00pm @ St. Mark

Soup Suppers

Tue Feb 27 6:30pm @ St. Mark
Tue Mar 19 6:30pm @ St. Mark

Devotional Booklets

Available at church entrances.

Fasting and Abstinence

Ash Wednesday and Good Friday are days of both fasting and abstinence. In addition, all Fridays during Lent are days of abstinence. On days of fasting, the faithful eat one full meal, as well as two smaller meals that together are not equal to a full meal, with no eating between meals. Fasting is obligatory from age 18 until age 59. On days of abstinence, the faithful do not eat meat. Abstinence is obligatory from age 14 onwards.